



## Partners in Personal Assistance

PPA is a non-profit organization that

- offers an empowering solution for people with disabilities (Consumer Employers) who want to exercise independence and self-determination in managing their personal care.
- provides continuing education opportunities for Personal Assistants who are dedicated to providing high quality care.
- advocates for long-term care options that promote self-determination for people with disabilities and elderly persons.
- advocates for positive working conditions and living wages and benefits for Personal Assistants and other caregivers.
- advocates for alternatives to costly institutional care so that people with disabilities may live in their own homes and remain active in their communities.

**Established in 1999, the mission of PPA is to provide the highest quality of community-based personal assistance to people with disabilities and elders -- empowering both the service recipient (CE), and the assistance provider (PA).**

Based on a model of self-determination and cooperation, PPA's innovative approach to personal assistance achieves a level of integration, empowerment and equality that benefits both Consumer Employers (CEs) and Personal Assistants (PAs). As people with disabilities establish more stable lives due to high quality personal assistance services, and Personal Assistants have an adequate income, both are able to realize their potential in contributing to their communities.

Just as physical dependence limits one's personal autonomy, so managing one's own personal assistance helps in building or reclaiming a sense of ability and self-worth. As Consumer Employers direct their own services, they become empowered to move their lives forward in many other ways as well.

PPA offers our Personal Assistants group health insurance and skill building tools including individualized and group training to provide effective services.

The Board of Directors, staff and volunteers strive together to maintain a well-managed organization where everyone is encouraged to volunteer time and energy, as they are able, so that PPA may continue to thrive!

## Why would I choose Partners in Personal Assistance?

### As a Consumer Employer, you:

- have access to carefully screened, trained and bonded personal assistants
- exercise self-determination in your life
- have flexible services that meet your needs

### As a Personal Assistant, you:

- are respected as a professional
- have the opportunity for benefits and comprehensive training
- receive a competitive wage

### As Consumer Employers and Personal Assistants, you:

- create a mutually agreeable schedule
- work cooperatively
- empower one another

PPA is managed by a Board of Directors comprised of people with disabilities, Personal Assistants, and interested community members. Day-to-day operations are handled by an Administrative Coordinator, a Bookkeeper, part-time Administrative Assistants, and a Training Coordinator.

We accept private pay and third-party reimbursement through the Area Agency on Aging, Macomb-Oakland Regional Center, Washtenaw Community Health Organization, Community Mental Health, the Department of Human Services, and some private insurance providers.





## How do I get involved with Partners in Personal Assistance?

PPA invites anyone who is interested in finding out more about our unique organization to visit our website and call our office at the NEW Center in Ann Arbor.

We welcome the opportunity to set up an appointment to meet to determine if working with PPA is right for you.

### Partners in Personal Assistance

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Ann Arbor, MI 48104-6354

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Fax 734-214-0644  
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## A Comparison of In-Home Help Services

### Traditional Model of Home Health Services

- Doctors plan treatment with nurse supervision
- Agency hires, trains, pays and can dismiss workers
- Agency limits user's role in assessment and care plan development
- Agency limits available services
- Agency requires a minimum number of service hours

### Self Determination Model of Personal Assistance Services

- No medical supervision required
- Consumer interviews and chooses their own personal assistants
- Consumer is a partner in determining what services are needed
- A broad range of services is available
- Service hours can be flexible

## Partners in Personal Assistance



*Providing an innovative approach to community based assistance, working cooperatively to empower one another*